

**PRISON CARE
AND SUPPORT
NETWORK**



Prison Care & Support Network

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South Africa

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**Caring for inmates, ex-inmates
and their families**



Under the auspices of the Catholic Church

VISION

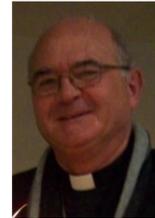
The vision of PCSN is to create hope in the individual and restore a sense of humanity in the community

MISSION

PCSN will realize its vision through providing prison ministry based upon the values and teachings of Jesus Christ



COORDINATOR
Fr Godfrey
Solomon



OUR PATRON:
Archbishop
Stephen Brislin



**PASTORAL
SUPPORT**
Fr Babychan
Arackathara msfs

MEET OUR STAFF MEMBERS



L/r: Fr. Godfrey Solomon: Coordinator; Alledene Cupido: Programme Coordinator; Bernadette Adams: Administrator; Sr. Alma Kohler: Volunteer Leader, Clementine Martin: Financial Administrator, Elizabeth Ziegler & Sr. Marie Brady.

BOARD MEMBERS



L/r Chairperson: Nina Richards; Vice-Chairperson: Janine Richards; Financial Director: Randall Bredenkamp; Secretary: Bern Rautenbach; Auxiliary members: Faith Nomvuzo Mnyazi & Elroy Dick

Volunteers

Mary-Anne Ferguson, Victor Grantham, Cecil Jansen, Louise Warden, Thelma Apollis, Shirley Johnson, Sharon Loots, Esperance Niyongere, Henry Timm, Ntabiseng Lebitsa, Merle Hendricks, Peter Koopman, Phakiso Khanye, Vera Roomaney, Sylvia Mack and Vuyiswa Clementia Malunga, Tom Angier, Nokutula Dlamini, Nonkosi Kaleni, Julia Thompson & Florence van der Westhuizen

Associated Volunteers

Frs. Gugah Kizito, Peter Ziegler, Pierre Goldie, Paul Taylor & Emmanuel Okika;
Deacons Rodney Williams & Richard Aguirre; Venita Kühberger, Vanessa Padayachee, & Breda Coady.

Bursary Sub-committee Members:

Fr. Babychan, Fr Godfrey, Rev. G Fry, Sr. Marie Brady, Elizabeth Ziegler, Alledene Cupido & Bernadette Adams

Fundraising Committee Members:

Ursula Malyon, Thelma Apollis, Lynn Stuart-Fox, Alledene Cupido & Clementine Martin

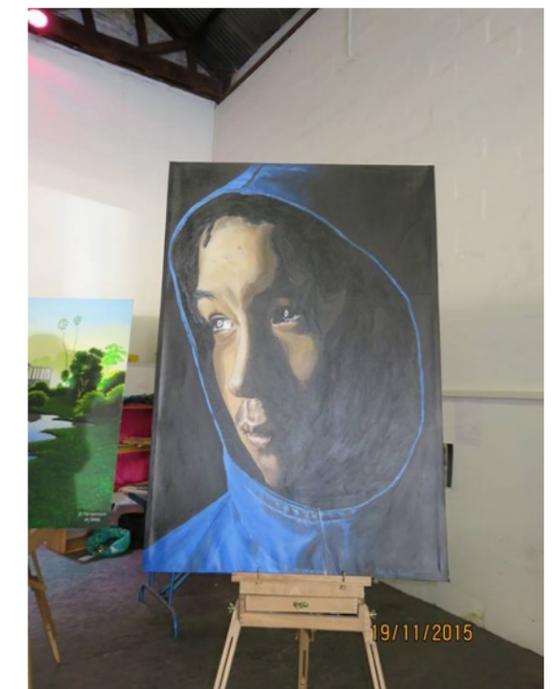
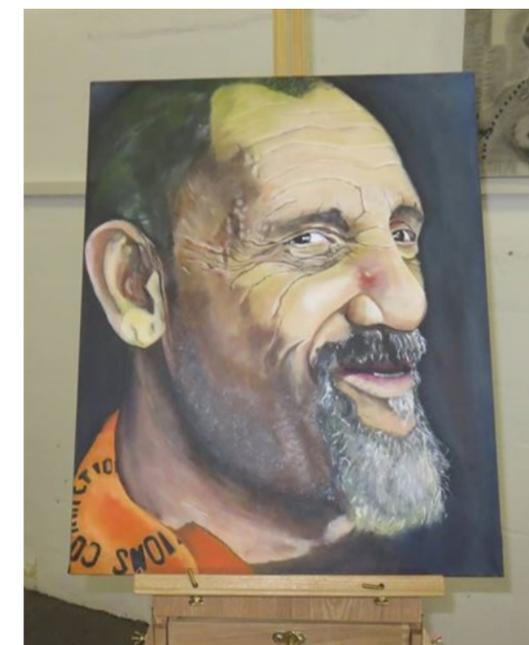
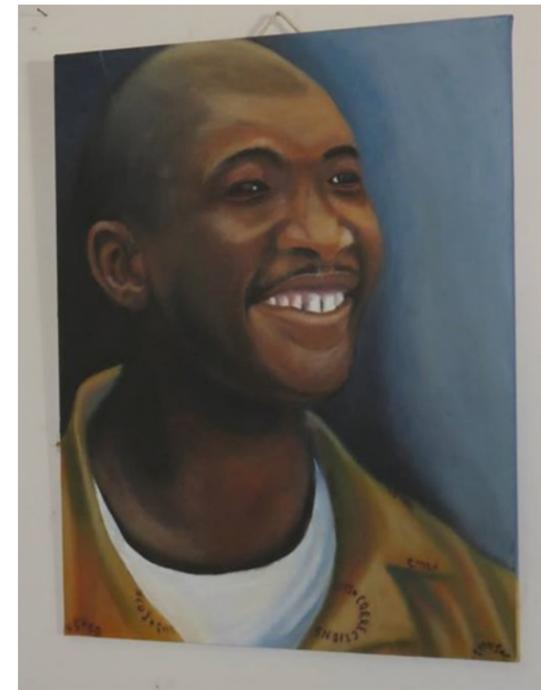
Art and Poetry Project cont...

more pieces of work and is currently writing a book.

The education department in each of the winning members' prisons provided feedback about the positive stimulation of the competition – the opportunity to take part has made the participants more prolific, created hope and provided a

new outlet for them. PCSN have received strong requests for more art and writing classes highlighting the desire to learn and develop. It was truly a rewarding experience, both for participants and PCSN Staff.

PHOTO GALLERY



Arts and Poetry Project

The Dept. of Correctional Services in collaboration with Prison Care and Support Network & National Lottery bring you this Art & Culture Competition.

Submissions to: Mr. Andile Nelani, Regional Co-ordinator, Education & Training, Goodwood Correctional Centre.

ART of POEM/SHORT STORY COMPETITION

Theme: **"AFRICA"**

Prose/Poem accepted in the following languages:

- English
- Afrikaans
- Xhosa

Final Submissions to Mr. Nelani by 16th Nov. 2015
Workshops at Worcester CC
Art from 2nd to 6th Nov, Poem 5th and 6th November 2015
Workshop in Western Cape Region to be advised.

Prizes in each category: 1st **R5,000**
2nd **R3,000**
3rd **R2,000**

Winning Presentations in Goodwood DCS Recreational Hall on 20th Nov from 10 - 3.00pm

PCSN in conjunction with the Department of Correctional Services and the National Lottery held an Art and Writing competition throughout the Prisons of the Southern Cape in November 2015: this project was a highlight of the year. Ms Breda Coady was the project leader.

The chosen theme: 'Africa'; the medium was painting and / or poetry; ten Art and Poetry training workshops, run by professionals in Art and Writing and facilitated by PCSN, were held in Worcester Prison and Warm Bokkeveld Prison (Ceres); however, the competition was advertised throughout the 10 Correctional Centres of the Cape. Many artworks were submitted from participants who did not participate in the planned workshops: in fact, hundreds of artworks were



eventually adjudicated by professional Art and Poetry adjudicators.

The Art Project (completed by the distribution of prizes in February) took approximately 4 months to manage to completion, and a lot of work was condensed into this period through extra hours worked. Much of the workload was the extensive travel involved with workshops. Winners were incited to participate by the offer of prize money - the recognition that would come through publicity was also a great incentive.

The project culminated in a massive Prize-Giving Ceremony at the Goodwood Art Gallery on Friday 20th November. Dignitaries were invited from the DCS and after entertainment by the Goodwood Prison Band and addresses by the dignitaries and representatives from Lotto and PCSN, a formal prize giving was held and the winners (who had been transported from prison especially for the occasion) were recognised. Six winners received certificates and trophies to recognise their accomplishments : (3 in each of Art and Poetry).



By agreement with the Department, the bulk of the prize money was designated as 'back to school' funding, whereby the winner would nominate a dependent or beneficiary to receive such benefit. Eight very marginalised children have been provided with school uniforms, clothing, stationery and school fees from prize money received by their inmate parents. Six inmates had a small portion of the prize money deposited into their 'property' (a Correctional Services term for a deposit account which the inmate which would be controlled by the DCS) held for their benefit when they are released. The winning female poet has completed several

MESSAGE FROM THE ARCHBISHOP OF CAPE TOWN

Archbishop Stephen Brislin

In his 'Bull of Indiction' of this Extraordinary Jubilee Year of Mercy, 'Misericordiae Vultus' (The Face of Mercy) our Holy Father, Pope Francis, opens with the words, "Jesus Christ is the face of Father's mercy. These words might well sum up the mystery of the Christian faith. Mercy has become living and visible in Jesus of Nazareth, reaching its culmination in him."

God does not limit himself merely to affirming his love, but makes it visible and tangible. Love, after all, can never be just an abstraction. By its very nature, it indicates something concrete: intentions, attitudes, and behaviours that are shown in daily living.

The Church, servant of Christ and his living presence on earth, makes herself a servant of this love and meditates it to all people: a love that forgives and expresses itself in the gift of one's self. In a word, wherever there are Christians, everyone should find an oasis of mercy.

Pope Francis ended a tour of Bolivia last year with a visit to one of its most notorious prisons. He addressed the offenders in these words: "You may be asking yourselves: 'Who is this man standing before us'? I would like to reply to that question with something absolutely certain about my own

life. The man standing before you is a man who has experienced forgiveness. A man who was, and is, saved from his many sins. This is who I am. I don't have much more to give you or to offer you, but I want to share with you what I do have and what I love. It is Jesus Christ, the mercy of the Father."

Visiting those in prison – one of the corporal works of mercy – should become a priority in this Jubilee Year of Mercy, in response to the Holy Father's call. Certainly we are not all in a position to visit the prisons but we all can support those who are affected by crime by praying for them and offering encouragement to those who visit offenders behind bars. The Prison Care and Support Network is the visible arm of the church in the Archdiocese of Cape Town that continues to offer spiritual and emotional solace to prisoners, ex-prisoners and their families in the Western Cape.

I appeal to you to continue to support this noble ministry with your prayers and financial support so that we, as the Church, can reach out to those men and women who go through loneliness, rejection and hopelessness.

+ Stephen Brislin

Archbishop of Cape Town

CHAIRPERSON'S MESSAGE

Nina Richards OFS

It is again my pleasure to present this year's Annual Report. As the increase in crime and rate of recidivism presents us with more challenges, PCSN continues to provide programs responding to the spiritual, emotional and educational needs of the incarcerated offenders and their families.

Our objective is to provide care and support during incarceration and after release for the social integration of offenders. Through the grace of God, we are nearing our 21st year of operation.

The organisation continues to achieve its main objectives despite the ongoing financial constraints we face. We were able to serve over 1500 inmates and ex-offenders, running programs in eight prisons.

Our highlights for the year included: The Arts and Poetry Competition in November 2015; Our partnership with SETA

through which we were able to award 12 bursaries to incarcerated offenders. A newly formed partnership with Construction CETA will allow us to offer 130 electrical skills courses to inmates in the new financial year; Misesan Cara funded skills development programs for ex-offenders which include Home-based Care, Organic Gardening, Small Business Skills and Bake to Earn; The Restorative Justice running in prisons have become our flagship program. The coordinators report presented by Fr Godfrey will expand on our performance.

Without funding from our generous donors, we would not be able to perform these works of Mercy. We extend a special thank you to Mensen met Een Missie; Misesan Cara, NLDTF, the Archdiocese of Cape Town, SACBC, the Catholic Community of Cape Town, Church Mission Aid, the Southern Cross, the Rotary clubs and private donors.

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Called to extend the Father's Mercy into prisons, our staff, chaplains and volunteers have been more than dedicated to their mission. It is unfortunate that Sr Alma Kohler H.C. will no longer continue as Volunteer Leader due to ill health. We thank her for her service and assure her of our continued prayers. We are pleased to have introduced five new volunteers to our organisation.

I wish to thank my fellow board members for serving over the past year especially Bern Ruitenbach who steps down.

With great joy we welcome Michelle Franke on to the board of PCSN. Amendments to our Constitution will be presented for adoption.

In conclusion, I offer the following quote to our staff and volunteers..." Remember that when you leave this earth you can take nothing that you have received... but only what you have given; a full heart enriched by honest service, love, sacrifice and courage." St Francis of Assisi.

MESSAGE FROM THE CHAPLAIN

Fr Babychan Arackathara msfs - Pastoral Support

"Remember those in prison as if you were their fellow prisoners; and those who are mistreated as if you yourselves were suffering." Hebrews 13:3. Prison Care and Support Network (PCSN) sees every person as a child of God and an offender as a person who made a mistake but has the capacity to restore his relationship with God, family and community and regain his dignity and identity. Our role as PCSN religious care workers inside and outside the prison is to bring hope to all who are affected by crime. Looking back at the financial year under review I can confidently say that despite all the financial challenges and lack of capacity, the organization was able to offer comfort, care and empowerment to several inmates, ex-inmates and their families through spiritual, emotional and educational support structures.

As a chaplain at Pollsmoor and Worcester prisons I have exercised my ministry by celebrating holy mass, confessions and prayer services besides sitting with inmates to listen to their life stories and miseries. Over the years working with prisoners I have come to realize the immense benefit of listening to the stories of inmates. By listening to them we affirm them as human persons worthy of respect and dignity. By listening we enter into their life situation and help them to develop a sense of hope going through their time inside and look positively towards the time beyond the gates of prison.

BASIC EDUCATION PROGRAMME

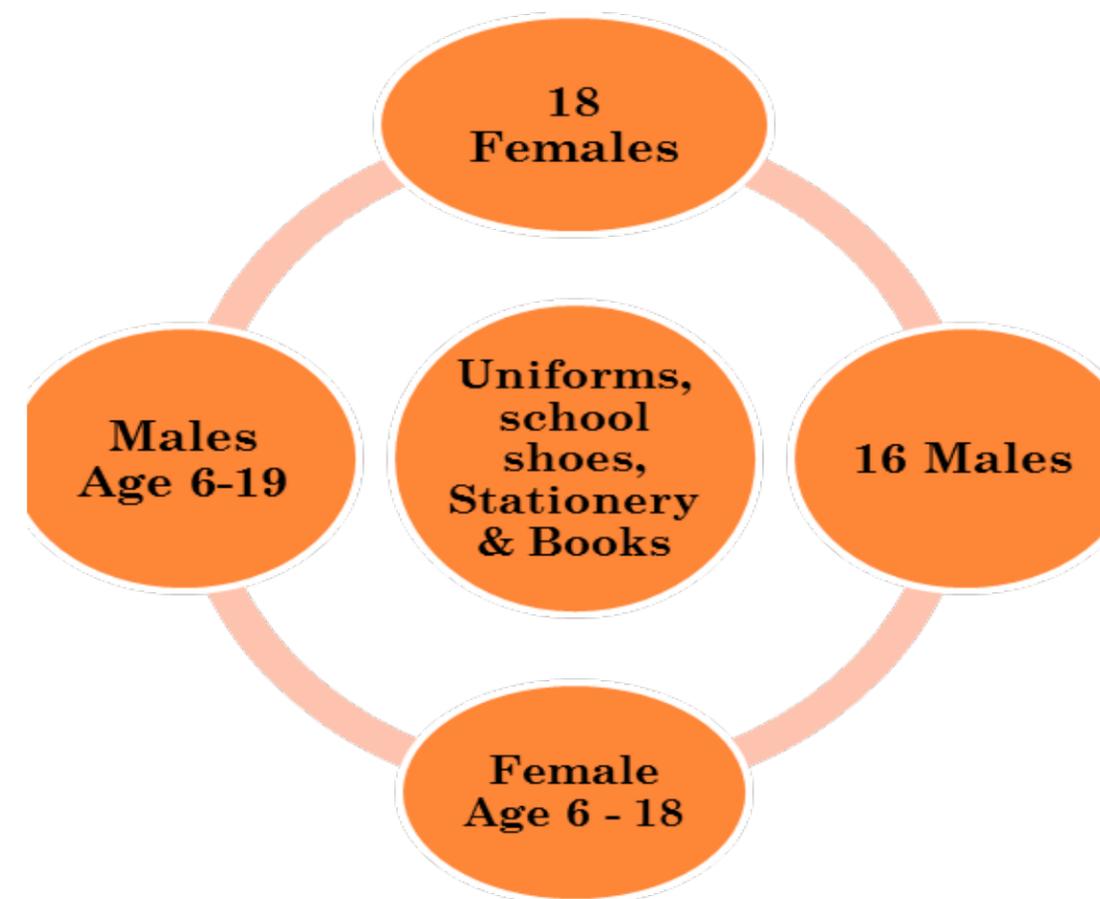
PCSN was fortunate to receive support for the third consecutive year from Mary Ward Mission Fund (MWMF) which enabled us to provide the basic school uniform, school shoes, books and stationery for children of offenders and unemployed released offenders. The vast majority of these children are often placed with a grandmother since the incarceration of the mother or father or both.

Sadly, "one in four children living with a grandmother lives in poverty, three-quarter of caregivers of children with incarcerated mothers reported not having the financial support needed to meet the necessary expenses for the child.

Children with a parent in prison are teased more often at school and "may internalize the stigma and experience lower self-esteem, especially if they identify with the incarcerated parent...Others may react with anger, defiance, and a desire for retaliation against those who reject and taunt them."

Alledene Cupido, Programme Co-ordinator

Children often perform below average academically, even when compared to children of mothers on probation (70 percent compared to 17 percent), and are more likely than similarly disadvantaged children to fail or drop out of school. It is thus vital for our organization to support these children emotionally, spiritually and monitor their progress in their academics. It is evident that with continuous support and journeying with them that they achieve higher results, are motivated and show signs of enthusiasm towards their education, their peers and family. We also encourage and facilitate visits between children and the incarcerated parent/s which exhibit fewer disruptive and anxious behaviours. Without the financial aid from the Mary Ward Mission Fund and individual donors we would not be able to render this valuable service to the children. We acknowledge the MWMF for their support, however understand that they only fund a respective project for three years.



The purpose of our support for education and training in correctional centres is to develop and enhance the educational level and improve an offender's skills to enable them to be reintegrated into the community and assist them for the job market once they are released. All distance education courses in the centres are provided by institutions which provide distance learning or correspondence study such as the University of South Africa. The programme was formally introduced in 2008 and we continue to support offenders and parolees to study towards their qualification. Two offenders are doing their final modules towards a Diploma in Adult Higher Education & Training. The organization expresses sincere appreciation to the Rotary Club of Newlands and individual donors for their continuous support and the Services SETA who came on board to support this vital programme in uplifting and adding value to the lives of offenders. The following table indicates the number of offenders enrolled during this reporting period:

A letter received below from an offender who is incarcerated at Worcester Male Centre who currently receives financial support in our Bursary Support Programme:

I had no direction, no hope that one day I could be something or part of something positive and empowering in my life. I was a disgrace in my family due to my past activities. Then, I met Prison Care and Support Network

Alledene Cupido, Programme Co-ordinator

(PCSN), an opportunity to further my studies, an opportunity that motivated and made me optimistic about my future. I must say studying in this environment is not easy but having people who take an interest in my education, like the office staff of PCSN that gives me confidence and urge to succeed, with my positivity and dedication to my studies.

Furthermore, Education helped me to see life differently. My life changed dramatically ever since I got the funding from PCSN and my purpose in life is revived - thanks to them. Thinking about it just gives me nothing but tears of joy, because my journey with PCSN opened doors that seemed locked.

As a result, I won back the trust and support of my family, because they see that I am serious about my education and future. Moreover, my mindset and priorities improved much better than before. My education will not only benefit me but my community as well and to also win back their trust and show them I am a better person now. I am humbled and honoured by the support I get from Prison Care and Support Network, I highly acknowledge what they are doing, of which to empower us, to empower others and develop our communities for a better future.



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As Christians all of us are called by Christ himself to reach out to those in prisons and proclaim Christ' mercy and compassion. The papal bull of indiction: Vultus Miserecordiae, - the Face of Mercy – is an invitation to experience the depth of God's Mercy and to radiate this mercy in our daily life. Pope Francis says the essence of God is mercy, and the central message of the gospel is mercy itself. God never tires of forgiving us. The three parables in Luke Chapter 15 illustrate a broken human world and the mind of Christ: The sheep that is lost due to its foolishness, the coin that is lost through carelessness of the owner and the son who wilfully choose the wrong path. The beauty in the stories is that all that are lost are found and the story ends with the exuberance of joy .. the joy of God in finding the lost ...we see vivid-

ly that sharing mercy is God's joy.... this loving mercy is born of the Lord, that has no limit. It's indeed the force that saves man from clutches of sin and Satan. It's this mercy of God that we are called to encounter in Christ.

The scripture mandates us to bring hope and sense of direction to the incarcerated, as many of them are rejected by their family and community. Following the message of Christ in Mt 25, 36, 40, - "I was in prison and you visited me... as often as you did it to one of these you did it to me." - In this year of mercy, we are exhorted to be a caring church; to sit with prisoners, and assist them to realize their wrongdoing and enable them to regain their dignity as God's beloved sons and daughters. "

COORDINATOR'S REPORT

Fr. Godfrey Solomon

Organisation

Effective 1 August 2015, Fr Godfrey Solomon assumed the role of Coordinator of Prison Care. Fr Babychan stepped down from this operational role after 17 years of service, but will continue in the role of Chaplain. Holy Cross Sr Alma Kohler was appointed as our new Volunteer Leader: Sr Alma Kohler took over from Sr Marie Brady, who has stepped down from this role.

In June 2015, PCSN entered into agreement with an Irish faith-based organisation Viatores Christi who offered (largely at their expense) the services of Ms Breda Coady to Prison Care for a year as Project Manager – Marketing Facilitation and Capacity Building. Breda's industrious and committed approach boosted PCSN dramatically, aiding us in completing a very successful Art Project. Breda assisted as volunteer on two Restorative Justice programs; these experiences in the prisons assisted in building her knowledge and commitment to PCSN rapidly. Breda assisted, too, in the tasks of establishing a Strategic Plan and Marketing Strategy for PCSN, as well as coordinating the design and re-launching of the PCSN Website (pcsn.org.za). Breda's boundless energy and broad experience assisted us greatly with our annual fundraiser as well as enhancing the quality

of the many administrative tasks of PCSN. Breda will unfortunately not be extending her contract, and she is sadly missed.

Art and Poetry Project

PCSN in conjunction with the Department of Correctional Services and the National Lottery held a very successful Art and Writing competition throughout the Prisons of the Southern Cape in November 2015: this project was indeed a highlight of the year. Breda Coady was the project leader. (Please see the article below for the detail of this project.)

Ministry to the Offender

During the reporting period PCSN was active at the following prisons; Pollsmoor (female), Goodwood, Voorberg (twice) and Worcester Male.

The work of our volunteers is emotionally very demanding: any visit to a prison is an encounter with the painful reality of emotional and mental suffering and trauma. Incarceration brings with it the pain of shattered dreams of home, profession or a dignity; inmates respond with anger, bitter-

COORDINATOR'S REPORT Cont...

ness, vengefulness, self-pity and discouragement during their life of incarceration.

Once again this year, with the support and involvement of over 25 volunteers and many associate volunteers, PCSN was able to reach over 1,500 inmates in the Western Cape with its programmes. These programmes included Church Services, Bible Services, Catechetical programmes and Personal Development programmes. The Restorative Justice programme alone reached 126 inmates and many of their family members during the reporting period; the Bible sharing sessions and prayer sessions on Sundays attracted numerous inmates who would otherwise not have had an opportunity to pray and praise God together.

Our dedicated volunteers also continue to offer personal development programmes to the juvenile offenders in Medium A at Pollsmoor. The feedback that we receive tells us the relevance and rewards the inmates reap through this programme.

Fr Babychan has been a devoted Chaplain to prisons over many years, celebrating the Mass and administering the Sacraments. (In February Fr Babychan baptised 2 babies in Pollsmoor Female Correctional Centre.) PCSN wishes to recognise the support from Frs. Pierre Goldie, Paul Taylor, Dominic Helmboldt, Peter Ziegler and Dcns Rodney Williams and Richard Aguirre in this ministry. Eucharist is a great source of spiritual support and consolation for Catholic inmates; the organisation is deeply grateful to all the priests and deacons who offer their time to their incarcerated brothers and sisters.

Care and Support during the incarceration:

Along with all the spiritual components of the programme that we offer in various prisons, PCSN always felt the need for interventions in other levels to embrace a holistic approach to rehabilitation and reintegration of offenders. With this in mind we have promoted and facilitated individual consultation, court support and visits for foreign prisoners

Skills Training and Bursaries during incarceration:

One particular highlight of the year was a partnership with Services SETA by which we were able to offer 11 bursaries to offenders in the Helderstroom Correctional Centre in subjects such as Human Resource Management, Marketing and others. We intend to build on this partnership and expand its scope. We have also set in place the framework and processes for a partnership with Construction CETA to offer 133 Electrical Skills Courses to inmates: these will begin in the new financial year.

Social Reintegration of Ex-offenders:

The consequences of crime endure well beyond incarceration for offenders: prison life, as unpleasant as it may be, offered secure food and shelter; freedom presents the ex-offender with the challenge of personal survival. Therefore, a vital aspect of our mission is the journey with the individual beyond incarceration. Until their criminal records are expunged – and their crimes forgiven by their communities – they suffer the stigma of the ex-convict, and even though they might have acquired useful skills in prison, find their applications for jobs rejected.

Prison Care has by virtue of its mission the goal of providing ongoing support to ex-offenders, assisting them to reintegrate into society. Our ex-offender gatherings and the work of our volunteer staff contribute greatly to this, while in addition a number of our projects contribute to the material needs of families affected by crime.

The largest Project grant is usually from the Lotto, and enables us to provide monthly Food parcels for needy families of those incarcerated, monthly Child Nutrition parcels for children of the incarcerated, stipends to fund our volunteers in their work in the communities and the prisons, and bursaries and skills training for ex-offenders. Misesan Cara, an Irish Missionary Society, very generously funded four skills development streams: a Home-Based Care qualification for seven women; an Organic Home Gardening project equipping two men with horticultural training and practical skills; and a Small Business Skills course for 5 people. We will complete the last project, Baking Skills (2 people) in the new year. The Small Business Skills and Baking Skills programmes are offered in partnership with 'Learn to Earn' a Non-Profit,

RESTORATIVE JUSTICE REPORT Cont...

The Restorative Justice team consists of seven volunteers who have shown themselves to be highly motivated and passionate about the program and who are totally focused on the Vision and Mission of the Organization. There is a wonderful spirit of generosity, compassion and co-operation among them that enables the smooth running of the program. Offenders also appreciate the support they receive from the facilitators. One expressed it as follows: "The attitude that the facilitators showed was very helpful as they created a loving and caring environment which enabled us to speak openly and honestly about our crimes without fear of being judged." Another expressed it this way – "what was helpful was the dedication and trust, love and compassion from those who facilitated and the unlimited support and words of encouragement which they gave us. They



were a blessing from God and I am thankful. "

We are glad to announce that during the year we have been joined by two new Xhosa-speaking volunteers.

In Mark 4 we find Jesus teaching his disciples the principle of sowing and planting seeds. And this is how we see ourselves ... as Seed Planters. We are fully aware that the ground is often rocky and infertile and that the thorns and weeds flourish in the prison environment, often killing and choking the seed. Yet we are hopeful that some seed will fall on fertile ground and produce a crop – some thirty, some sixty and some one hundred fold. I am very happy to discover that Pope Francis sees things in the same light. He says "God can be encountered in the prisons of today, as God is in every person, in every situation and event. He reminds us that even if the life of a person has been a disaster, even if it has been destroyed by vices, drugs or anything else, God is in this person's life. We can and we need to seek

God there. Although the life of a person is an infertile field full of thorns and weeds there is always a space in which the good seed can grow. We have to trust God and keep our focus on Jesus who looked on everybody with Love, Compassion and Forgiveness."

We have the assurance that a seed has produced good fruit in the soil of a maximum security offender, who was full of anger and complaints on the first day of the programme, and who wrote a THANK YOU letter on the tenth day. Part of his letter read:

"Restoring our lives was the best idea on earth. Your brief interludes of love and acceptance planted a tiny seed in my heart. In our journey of disillusionment and pain, you just took it away and gave us peace and hope, you gave us strength of spirit to rise into joyfulness of heart.

Today your concern helped us to find a joy that lasted through every situation. We found a peace that nothing could disturb, found a happiness that went on and on. Your help enabled us to find contentment in our lives as we had never known, love that grew like an overnight mushroom but lasted like a rock.

You came from afar to restore our lost souls. You weave all our unhappiness into a final pattern of beauty. We respect you people, and your names will never escape from our memories, because there was a peace, a gentleness, a kindness, a serenity about you – people we have never seen anywhere else.

I believe God's purpose in this is to allow us to take stock of ourselves and leave our frantic search for pleasure and self-fulfilment and to turn to God for truth and to Christ for salvation."



By Sr. Marie Brady

According to Jim Considine in his book RESTORATIVE JUSTICE - healing the effects of crime, " Restorative Justice is a philosophy that embraces a wide range of human emotions, including healing, mediation, compassion, forgiveness, mercy and reconciliation. It also recognizes a worldview that says we are all interconnected and that what we do, be it good or evil, has an impact on others. It offers a process whereby those affected by criminal behavior, be they victims, offenders, family or the wider community, all have a part in resolving the issues that flow from the offending." It does not focus on punishment but seeks to heal both the community and the individuals involved. This is done by a process that puts the notion of reparation, not punishment at the centre.



During the year five Restorative Justice Programs have been presented in different Correctional Centres in the Western Cape – Voorberg (2), Worcester Males, Goodwood, Pollsmoor Females. 126 offenders participated. The vast majority of offenders have a low self-image because they identify themselves with their crime and few of them have ever experienced the unconditional love of God. Through the sessions the offenders are lead to the Truth about themselves – that no matter what crime they have committed they are still loved unconditionally by God, a God who is full of Mercy and Forgiveness.

Restorative Justice is a challenging programme as offenders are invited to make an inward journey and to take responsibility for their crime. They are also challenged to look at the

consequences of their crime and how many people they have hurt. During the sessions they are instructed on how to deal with strong emotions like anger, jealousy; how to make good choices; how to deal with Temptation and Guilt and they are lead through sessions on Repentance, Forgiveness and Reconciliation. Paul Robb defines conversion as 'a radical transformation that affects all levels of living – personal, social, moral as well as a changed relationship with God. We have witnessed this kind of transformation among many of the offenders who had reached rock bottom and had lost hope. They came through the programme restored and rose up with new strength, courage and determination.

In an evaluation one wrote: "I have learned the true effect of my crime on my family and especially on my children who have been hurt the most. I have also learned to forgive myself and to reflect on my life in order to know where I went wrong. I can now move on in life." Another participant expressed her appreciation as follows: "I grew in self-knowledge and self-confidence and I realize that I do not have to identify myself with my crime. The most important things I took from the sessions is, that for God to forgive me, I need to forgive others. I have learned that a good self-image is the key to success."

The Family Mediation Days were also well attended and great appreciation was expressed by many family members. Participants were also grateful that we provided a platform for them, where they could speak openly and honestly and ask forgiveness for the hurt they had caused. It was also not easy for the offenders to hear from their families how their crime affected them and how many of them are struggling in the community. One participant in the program expressed her appreciation of the day as follows: "the Family Mediation Day was most helpful. I was able to take responsibility for my past actions, own up to it and ask the person I had hurt the most, who is my Mom, for forgiveness. It was very difficult for me to hear from my loved ones how much I had hurt them." Another wrote: the mediation between my family and I really opened my eyes. I now know that I have responsibilities and I am motivated to live a meaningful life. I want to say 'thank you' for helping me to find myself and the real me.

faith-based community development organisation.

Operations

Key to PCSN's survival is a healthy reserve of funds for our running expenses. We ended the year with a small surplus of income over expenditure, which we carry forward into the new financial year. Our annual 'Prison Ministry Sunday' collection contributes significantly towards these needs, thanks to the generosity of the Catholic population of Cape Town. Mensen Met Een Missie (Holland) made a sizeable donation towards PCSN, assisting us to fund our core expenses.

New applications for funding of our 2016 projects have been submitted to the National Lottery Distribution Trust Fund (Lotto) and Irish funder Miseen Cara. We have received certification from Community Chest and expect to submit funding requests in the new financial year.

On behalf of the PCSN we extend heartfelt thanks to Mensen Met Een Missie, Miseen Cara, the NLDTF, Archdiocese

of Cape Town, the South African Catholic Bishops' Conference (SACBC) through the Bishops' Lenten Appeal fund, the Catholic Community of Cape Town, Community Chest, Fr. Ralph de Hahn, the Southern Cross, Rotary Clubs of Rondebosch and Newlands, and the many private donors.

As I conclude my report I thank the board members, staff and volunteers for their dedication and commitment and pray a prayer of God's blessing on all the work of their hands. Our work at PCSN is with those on the very margins of society – in this I am reminded of the words of Blessed Mother Teresa, 'I believe in person-to-person. Every person is Christ for me, and since there is only one Jesus, that person is the one person in the world at that moment.'

I express my prayer for Prison Care in the words of the Psalmist (Ps 90): 'May the favour of the Lord be upon us: give success to the work of our hands; give success to the work of our hands.'

PERFORMANCE INDICATORS 2015 - 2016

Strategic objective:	Measurable objective / Programmes:	Target:	Actual:
Responding to Spiritual and emotional needs of the incarcerated and their families.	Personal Development	10 per month	17 per month
	Church Services	750 per month	830 per month
	Restorative Justice	150 per annum	126 per annum
	Family Members(RJ)	150 per annum	175 per annum
	Follow-up(RJ)	150 per annum	120 per annum
	Holy Mass, Word	50 per month	78 per month
	Catechetical Sessions	10 per month	6 per month
	Bible studies	35 per month	31 per month
Providing care and support during incarceration:	Other Programmes	20 Per month	10 per month
	Individual Consultations	200 per month	313 per month
	Bursary	15 beneficiaries	21 beneficiaries
	Visit to Foreign Inmates	5 per month	5 per month
	Court Support	20 per annum	14 per annum
	Mary Ward Education Support	20 Beneficiaries	38 Beneficiaries

Our Collaborative Partnerships

PERFORMANCE INDICATORS 2015 - 2016 Cont...

Strategic objective:	Measurable objective / Programmes:	Target:	Actual:
Planned Project: Electrical Engineering	CETA: Electrical Skills Programme	24 Beneficiaries	20 Beneficiaries
	Adult Basic Educational for Training	3 Beneficiaries	3 Beneficiaries
Providing care and support after release: Social reintegration programme of offenders:	Ex-Offenders Gatherings	6 per annum	3 per annum
	Child Nutrition	20 per month	12 per month
	Christmas Outreach for Children	20 per annum	24 per annum
	Stipend	6 per month	6 Per month
	Ongoing Spiritual & Emotional Support/Counseling	15 per month	57 per month
(Includes phone calls for Restorative Justice Programme)	Telephone calls	250 per month	400 per month
	Screen Printing	7 per annum	5 per annum
	Home Visits	15 per month	30 per month
	Community Chaplaincy Programme	30 Beneficiaries	24 Beneficiaries
	Home Based Care Skills programme	10 Beneficiaries	7 Beneficiaries
	Business & Life Skills programme	6 Beneficiaries	6 Beneficiaries
	Organic Home Gardening Skills programme	2 Beneficiaries	2 Beneficiaries
Planned Project:	Bake for profit skills programme	2 Beneficiaries	2 Beneficiaries
	Food parcels	15 per month	14 per month
	Clothing & Blankets	4 Beneficiaries	4 Beneficiaries
Efficiency in systems, governance, policies, partnership and collaboration with other stakeholders	Policy Workshops	3 per annum	0 per annum
	Child Protection Policy Workshops	2 per annum	1 per annum
	Strategic planning workshop	2 per annum	0 per annum
	Volunteers training(New)	5 per annum	4 per annum
	Volunteers workshops	2 per annum	1 per annum
*Collaborative Partnership:	NICRO	1 per annum	3 per annum
	SAPS	1 per annum	1 per annum
	DCS	15 per annum	12 per annum
	SACBC	2 per annum	1 per annum
	Learn to Earn	1 per annum	1 per annum
	Services SETA	1 per annum	1 per annum
	SONKE GENDER JUSTICE	1 per annum	2 per annum
	CETA (Constr. Educ. & Training Auth.)	2 per annum	1 per annum
	BEAUTY FOR ASHES	1 per annum	1 per annum
	Rotary Club	1 per annum	2 per annum
CPLO	1 per annum	1 per annum	



THE WINNING POEM

Sout van Afrika

In die gloeiende vlakke,
 Uit die verte stuur die skroeiende wind
 'n geraamagtige, tuimelende bossie na geen rigting.
 Gevegte bars uit die Moeder se gedagtes.
 Ringertjies wat vasklou aan haar romp se soom
 Snot neus, kaalvoet, asvaal lippe,
 Gerepte hempie en gesigte soos onvoltooide blokraaisels.
 Sonbessies se stemme weerklink
 in die trommel van hul gehoorbuis.

Haastiger tot by haar eensame woning
 gekreun van die hout splinteragtige deur,
 sy en seuntjie verwelkom die bedompige vertrek
 Haar voete begelei haar direk na die ert emmer op die koel
 vloer,
 Skep, skep
 Drink, drink
 Al twee gelyk om hul hewige dors te les.

Die son is besig om te gaan slaap
 Uit die maag van die drie been pot
 gooi sy die gort sop met 'n onbekende beëntjie
 Wat aanskou word met hongerige soekende ogies.

Deur: Cathy Alcock Reg. No. 212951519)

Ai, Ai net genoeg vir seuntjie
 Snik, snik draai sy om en lek die oorskiet met haar wys
 vinger
 Kwellend wonder sy
 Wanneer haar eggenoot die hol vertrekke weer eendag sal
 binnetree.

Allerhoogste!
 Sy val nederig op haar knieë
 Nou hou sy weer aan sy soom
 Weën en alleen
 Kyk sy na bo
 Hierdie keer vol gemoed
 Dankie Eerste en Laaste.

Haar trane ongehoorsaam rollend
 af op haar wange en vind
 ongenooid die ingang van mond
 Tegemoet met lippe en tong
 Proe, proe, sluk, sluk
 ons is die sout van Afrika.

VOLUNTEER LEADER'S REPORT

By Sr. Marie Brady

Statement of Comprehensive Income

	Note(s)	2016 R	2015 R
Fundraiser and donor income	6	666,000	1,771,974
Other income – profit on sale of asset		-	55,667
Project related expenditure		(222,567)	(145,277)
Operating Expenses		(1,106,286)	(756,413)
Operating (deficit) surplus before finance income		(662,853)	924,951
Finance Income		18,825	6,335
Deficit (surplus) for the year		(644,028)	931,286

Thanks to all our Donors for their continued support



Fransalian Outreach



CPT Malayalee Prayer Forum

Pater Alex msft,
Herr Heine &
Gemeinde: Krebeck

As an organization we felt called during this year of Mercy and Compassion to become channels of God's infinite mercy to our brothers and sisters who are incarcerated. We carry out this ministry of compassion through the various programmes which we offer in the Correctional Service Centres. These include Church services, Bible reflection, Personal Development, Life Skills as well as individual and small group Counselling sessions. Listening continues to be at the heart of our ministry. We listen to stories of physical, emotional and sexual abuse, stories of poverty, drugs alcohol, gangsterism and dysfunctional families. Many offenders are starving for love and acceptance which they never experienced. I am reminded here of the words of Mother Teresa who said, "the hunger for love is much more difficult to remove than the hunger for bread". I am happy to say that our presence as willing, compassionate listeners brings healing to those who tell their story and as a team we are becoming more and more convinced of the healing power of listening. We agree with Gerard Hughes S.J. who said "the gift of being a good listener is perhaps the most healing gift anyone can possess for it allows the other to be, enfolds them in a safe place, does not judge or advice them and offers them support at a level deeper than words." Offenders appreciate the fact that they can tell their story and talk about their crime in an atmosphere where they are not judged. One of them expressed this in a THANK YOU note which he wrote..."I appreciate being able to talk about very personal matters, free of the fear of being judged. This means a lot to me."

ONGOING FORMATION FOR VOLUNTEERS.

A vital part of our volunteer formation programme is our meeting on the third Saturday of every month where supervision, evaluation, reflection on ministry, listening to one another, sharing our experiences and facing challenges together takes place. These sessions also provide a platform where volunteers get to know one another, encourage and support one another and all this facilitates the formation of a wonderful team of generous, committed and effective volunteers.

The yearly workshop, presented by Sr. Aine Hughes, a Holy Cross sister, was well attended by 15 volunteers. The theme was TRANSFORMING VIOLENCE. We were lead through ses-

sions on – What is non-violence? How to build a non-violent community; How we can be a Peace builder and the Core Rational of NonViolence. As we work alongside and within the boundaries of the Department of Correctional Services many volunteers attend the Spiritual Workers meetings held at the different correctional Centres. Valuable information on programmes and the latest developments in Prison Ministry is offered here. This year two volunteers participated in workshops on Anger Management and Pre-Release presented by a prison staff member. As it is a well known fact that drugs very often lead to crime a workshop on Drugs was also presented and attended by five volunteers.

Accompanying an offender to Court is a valuable way of getting in touch with the offender's family and some volunteers carry out this service. Shirley Johnson deserves special mention here as she has accompanied many women during the past nineteen years. She has a special concern for those whose families do not attend. This renders great support to offenders who at this time are usually feeling anxious and insecure.

We welcomed five new volunteers this year and trained them in prison ministry. Two of them have joined the Restorative Justice team and the others are waiting for their security cards to be issued. We wish them all the best and hope that their ministry will be fruitful.

Toward the end of the year we carry out an Evaluation to scrutinize our methods and style and to look for ways in which we can improve our interventions. We are fully aware that if we do things in the same way we can expect the same results and we know that there is always room for improvement. We also know that in a ministry like Prison Ministry measuring results is not easy. I am touched and I believe what Pope Francis has to say in this regard. "...sometimes it seems that our work is fruitless, but ministry is not like a business transaction or investment or even a humanitarian activity. It is not a show where we can count how many come, it is something much deeper which escaped all measurement. The Holy Spirit works as he wills, where he wills and when he wills. We entrust ourselves without pretending to see striking results. Let us march forward and allow the Spirit to make our efforts bear fruit in good time. THIS IS WHAT IT MEANS TO BE MYSTERIOUSLY FRUITFUL."

Currently the unemployment rate in the Western province is 2.1% which is 7% lower than the national average of 2.8%.

NGO's contribute to that 7% especially those in prison ministry.

It's as a result of our continued support and belief in rehabilitation and reintegration of our clients through employment and education.

Every year comes with its challenges this year no different but its being prepared and having a strategy in place to weather those periods.

- The complete set of financial statements for 31 March 2016 is PCSNs' first set of financial statements that conform to International Financial reporting Standards(IFRS) for Small and Medium-sized Entities(SMEs)
- Land and buildings will be depreciated annually; this is a new statement adoption which resulted in a retrospective adjustment since 2012 to reflect the substance of the adoption.
- We have mapped our pastel accounts costing to our funder donations to align spend to budget to ensure validity, accuracy and completeness of our funder reporting.
- The business has grown significantly since 2012 and we have maintained our net asset value.

Objectives achieved this year:

- We have finalised and approved the PCSN Constitution with the full support of the Archbishop, making PCSN a Judicial Person, within the Catholic Community .
- Maintaining the Mary Ward Education project for 38 beneficiaries for a 3rd consecutive year.
- We have partnered with Services SETA who funds tertiary education and have registered 11 offenders to study towards diplomas in Marketing Management; Public Relations; Human Resource and SMME. Our continuation of the Construction CETA partnership evolved in the recruitment of the first

20 female offenders for the electrical skills programme and will continue to train a total of 113 in 2017. We were able to register 3 offenders to study towards the Higher Certificate in Adult Basic Education and Training funded by the National Lotto Commission.

- Interactive and LIVE website page, you can create a login profile, donate and provide a message of inspiration.
- Year on year we consistently maintained 11 to 15 Bursaries per annum (73%)and 12 to 20 Child nutrition per month(60%) performance percentage..
- Giving our longstanding office staff retirement annuity support.

Thanks

- The Archbishop for his presence in aiding our strategy, values and being a brand ambassador locally and internationally for Prison Ministry.
- To Father Godfrey for his holistic support and insight to the finances and operations, your contribution within this year is to be admired as a Co-ordinator.
- To Fr Babychan he is the backup plan to anything and everything you a beacon of hope and longevity to our organisation.
- Our volunteers, you are the voice of comfort numerous ex-offenders and inmates within the 8 prisons, our affected communities and families.
- The Administration staff for setting the tone of charity within the business model, we appreciate your honoraria work.
- My fellow Board members what a humble bunch of visionaries.
- To our funders every little bit helps.

"It's not how much you have but what you do with the little you have been blessed with."

Statement of Financial Position at 31st March 2016

	2016	2015
	R	R
Non-current assets		
Property, plant and equipment	1,633,034	1,684,700
Investment		
Current Assets		
Trade and other receivables	-	227,878
Cash and cash equivalents	<u>508,391</u>	<u>852,652</u>
Total Current Assets	<u>508,391</u>	<u>1,080,530</u>
Total Assets	<u>2,141,425</u>	<u>2,765,230</u>
Equity and Liabilities		
Equity		
Retained Earnings	1,760,029	2,362,120
Specific Reserve	-	<u>41,937</u>
Total Equity	<u>1,760,029</u>	<u>2,404,057</u>
Liabilities		
Non-Current Liabilities		
Long term loan	361,173	361,173
Current Liabilities		
Bank Overdraft	-	-
Trade and other payables	<u>20,233</u>	-
Total Current Liabilities	<u>20,233</u>	-
Total Equity and Liabilities	<u>2,141,425</u>	<u>2,765,230</u>